Psychiatry Assessments at TTC

A Guide to Our ADHD Assessment Pathway

All of our psychiatry pathways begin with a general psychiatry assessment. This allows us to understand the situation in full before we make any further recommendations for assessment or treatment.

The Initial Assessment

Every family that comes to us for a psychiatry pathway begins here. The initial assessment gives our psychiatrist the time and information needed to understand your child, the concerns you are bringing, and the wider context. In some cases, where there is complexity or a likelihood of ADHD, we may ask a child psychotherapist to join the assessment.

The assessment includes:

- A full developmental history
- Liaison with other professionals involved with your child
- A one-hour diagnostic assessment with the psychiatrist
- A written report, either with a treatment plan or with recommendations for further assessment
- A developmental screening questionnaire, which is sent to you along with the directions before your appointment

INITIAL ASSESSMENT FEE

£975

Includes the developmental screening.

Where and When

Location	Our North London Clinic Manor Gardens, N7
Day	Fridays
Psychiatrist	Dr Kashmeera Naidoo

You can read Dr Naidoo's full bio at
therapeuticconsultants.co.uk/provider/dr-kashmeera-naidoo

The Full ADHD Assessment

If, after the initial assessment, a full ADHD assessment is recommended and you would like to proceed, we move on to a more detailed piece of work. This gives us a thorough understanding of your child, the way ADHD is showing up in their life, and what will help.

Two Minds on Your Child

From this point in the pathway onwards, a child psychotherapist joins Dr Naidoo as part of the assessment. This gives us two minds thinking about your child's situation in different but complementary ways, combining a psychiatric and a psychotherapeutic lens.

The psychiatrist focuses on diagnosis and treatment recommendations. The child psychotherapist thinks more about the internal world of the child, their state of mind, and any systemic issues that might be part of the full picture.

What's Included

- Liaison with schools and other professionals
- Full ADHD assessment
- State of Mind assessment
- Medical meeting with the psychiatrist for recommendations
- Clinical meeting to help you understand the report and the pathways for treatment
- A full written report with recommendations for treatment

FULL ADHD ASSESSMENT FEE

£1,700

This is in addition to the £975 initial assessment fee.

Total Cost

If you proceed through both stages of the pathway, the total fee comes to **£2,675**. This covers everything from the initial screening and diagnostic assessment through to the full ADHD assessment, all reports, and the clinical and medical meetings that follow.

A note on next steps

Not every family will need to go on to the full ADHD assessment. The purpose of the initial assessment is to work out what is actually needed. Whatever the recommendation, we will talk it through with you before any further work is agreed.

The Pathway at a Glance

A quick summary of how the pathway works, from your first enquiry through to the final report.

Step One
Before the appointment

Once your appointment is booked, we send you the directions to our Manor Gardens clinic along with the developmental screening questionnaire. You complete this and return it before the assessment day.

Step Two
Initial assessment

You attend a one-hour diagnostic assessment with Dr Naidoo at our North London clinic. She takes a full developmental history and, where helpful, liaises with other professionals already involved with your child.

Step Three
Report and recommendations

You receive a written report from Dr Naidoo. This will either set out a treatment plan or recommend further assessment (such as the full ADHD assessment).

Step Four
Full ADHD assessment (if needed)

If a full ADHD assessment is recommended and you would like to go ahead, we move into the wider piece of work: liaison with schools, the ADHD and State of Mind assessments, and both a medical and a clinical meeting to talk through what is found. You then receive a full report with treatment recommendations.

A considered, careful assessment, so that any further steps are the right ones.

Find out more

If you would like to read more about our ADHD and ASD assessment services before getting in touch, you can find full information on our website.

Online

Assessment info	therapeuticconsultants.co.uk/adhd-asd-assessment
Dr Naidoo's bio	therapeuticconsultants.co.uk/provider/dr-kashmeera-naidoo

Contact us

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